



**CEDARS**

## Cedrus Libani

Cedars are species of trees originally native of the Lebanese mountains. The Cedars nature reserves in Lebanon were candidates in the new 7 wonders of nature competition but were eliminated at the end while the Jeita Grotto was chosen.

## Ecology

In Lebanon the cedar trees grow mainly at altitudes of 1000-2000m, where it forms pure forest or mixed forest with cilician fir (*abies cilicica*) and several juniper species.

## History, symbolism and uses

The Cedars of Lebanon were important to various ancient civilizations. The trees were used by the Phoenicians for building commercial and military ships, as well as houses, palaces and temples.

The ancient Egyptians used it's resin in mummification, and it's saw dust has been found in the tombs of Egyptian pharaohs. The summer epic Gilgamesh the hero ventured. Hebrew priests were ordered by Moses to use the bark of the Lebanese cedar trees in circumcision and the treatment of leprosy. The Hebrew prophet Isaiah used the Lebanese cedar trees as a metaphor for the pride of the world.

Foreign leaders from both near and far would order the wood for religious and civil constructs, the most famous of which are King Solomon's temple in Jerusalem and David's and Solomon's palaces. Because of its significance the word Cedar is mentioned 76 times in the Bible.

## National and regional significance.

The cedar tree is the national emblem of Lebanon and is displayed on the it's flag and coat of arms. It is also the logo of Middle East Airlines (MEA), which is Lebanon's national carrier. Beyond that, it is also the main symbol of Lebanon's Cedar revolution, along with many Lebanese political parties and movements such as Kataeb (phalange), the Lebanese forces, the National liberal party, and the future movement. Finally, Lebanon is sometimes euphemistically referred to as the land of the Cedars.



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# BREAKFAST

From 8am to 11am

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| <b>FULL BREAKFAST</b>    | Ksh.1,400 |
| 2 eggs of your choice, 2 beef sausages, beef bacon, baked beans   |           |
| <b>FOUL MUDAMAS</b>    | Ksh.1,300 |
| Fava beans, garlic, lemon juice, cumin, olive oil and chickpeas, served with pita bread and assorted vegetables   |           |
| <b>ZAATAR MANKOUSHEH</b>   | Ksh.900   |
| Traditional Lebanese open face pizza with wild thyme, sesame seeds, olive oil and sumac   |           |
| <b>JIBNEH MANKOUSHEH</b>    | Ksh.1,100 |
| Jibneh Mankousheh - Traditional Lebanese open face pizza with mozzarella, feta and haloumi cheese   |           |
| <b>LABNEH SANDWICH</b>   | Ksh.750   |
| Cucumber, tomatoes, olives, mint and olive oil wrapped in pita bread  |           |

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IMPORTANT INFORMATION: All our food is prepared in a kitchen where nuts, gluten and other known allergens maybe present. Please note we take caution to prevent cross-contamination, however, any product may contain traces as our entire menu is produced in the same kitchen. Our meats are Halal.



 VEGETARIAN

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# SOUPS

<b>SOUP OF THE DAY (ASK WAITER)</b>	Ksh.850
<b>LENTILS SOUP</b> 🌱 🌾	Ksh.850
<b>CREAMY CHICKEN SOUP</b>	Ksh.850
<b>ONION SOUP</b> 🌱	Ksh.850
<b>BUTTERNUT SOUP</b> 🌱	Ksh.850

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# SALADS

<b>CHEF SALAD</b> 🌾	Ksh.1,800
Lettuce, tomatoes, turkey ham, tuna, sweet corn, cheddar cheese and boiled egg, served with our special vinaigrette dressing	
<b>AVOCADO SALAD</b> 🌱 🌱 🌾	Ksh.1,500
Cherry tomatoes, cucumber, parsley, coriander, avocado, vinaigrette sauce and onion	
<b>GREEK SALAD</b> 🌱 🌾	Ksh.1,600
Lettuce, tomatoes, cucumber, olives, feta cheese and oregano, served with our special vinaigrette dressing	
<b>CHICKEN CAESAR SALAD</b>	Ksh.1,700
Lettuce, chicken and parmesan cheese served with caesar dressing	

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# MEZZE

<b>FULL MEZZE</b>	Ksh.26,050
22 full portions of the Lebanese mezze (8 people) Tabbouleh, Fattouche, Hummus, Hummus with meat, Baba Ghannouj, Eggplant Salad, Vine Leaves, Okra with Tomato Sauce, Labneh with Garlic, Loukme, Mini Beef Chawarma, Mini Chicken Chawarma, Meat Arayes, Chicken Liver, Beef Sambousik, Barbeque Chicken Wings, Cheese Sambousik, Chicken Sambousik, Spinach Fatayer, Kebbe Halabi, Falafel and Spicy Potato	
<b>HALF MEZZE</b>	Ksh.16,550
22 half portions of the Lebanese mezze (4 people)	
<b>FULL VEGETARIAN MEZZE</b> 🌱	Ksh.17,550
14 full vegetarian portions of the Lebanese mezze (4 - 5 people) Tabbouleh, Fattouche, Hummus, Baba Ghannouj, Makali, Eggplant Salad, Vine Leaves, Okra with Tomato Sauce, Labneh with Garlic, Cheese Sambousik, Spinach Fatayer, Falafel, Spicy Potato and Beetroot Salad	
<b>HALF VEGETARIAN MEZZE</b> 🌱	Ksh.12,550
14 half vegetarian portions of the vegetarian Lebanese mezze (2 - 3 people)	

# COLD MEZZE

<b>TABBOULEH</b> 🌿 🌱	Ksh.1,150
Finely chopped parsley, tomatoes, onions, burghul, olive oil and lemon juice	
<b>FATTOUCHE</b> 🌿 🌱 🌾	Ksh.1,200
Lettuce, cucumber, tomatoes, mint, molasses of pomegranate and sumac	
<b>HUMMUS</b> 🌿 🌱 🌾	Ksh.1,200
A dip consisting of mashed chickpeas, tahina (sesame seed paste), lemon juice and a dash of olive oil	
<b>HUMMUS WITH MEAT</b> 🌾	Ksh.1,400
With diced beef fillet, pine nuts	
<b>BABA GHANNOUJ</b> 🌿 🌱 🌾	Ksh.1,200
Roasted eggplant mashed with garlic, tahina and lemon juice	
<b>BEETROOT &amp; FETA SALAD</b> 🌿 🌱 🌾	Ksh.1,250
With olive oil, garlic, rocula, lemon juice and balsamic	
<b>EGGPLANT SALAD</b> 🌿 🌱 🌾	Ksh.1,150
Roasted eggplant, garlic, green peppers, onions, tomatoes, olive oil and lemon juice	
<b>VINE LEAVES</b> 🌿 🌱 🌾	Ksh.1,150
Stuffed with rice, chickpeas, tomatoes, onions, parsley, lemon juice and a dash of olive oil	
<b>OKRA WITH TOMATO SAUCE</b> 🌿 🌱 🌾	Ksh.1,150
Cooked with tomatoes, coriander, garlic and lemon juice	
<b>LABNEH WITH GARLIC</b> 🌿 🌾	Ksh.1,200
Home made soft white cheese, garlic, dry mint and a dash of olive oil	
<b>LOUKME</b>	Ksh.1,250
Mini pita bread stuffed with chicken, sweet corn, garlic and mayonnaise	



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# WARM MEZZE

## MINI BEEF CHAWARMA

Mini pita bread stuffed with marinated beef fillet, onion, parsley and tomatoes accompanied with tahina

Ksh1,550

## MINI CHICKEN CHAWARMA

Mini pita bread stuffed with marinated chicken breast strips, lettuce and garlic sauce

Ksh1,450

## MEAT ARAYES

Marinated minced lamb with tahina, grilled and sandwiched in pita bread

Ksh.1,350

## CHICKEN LIVER

Fried with garlic, corriander, lemon juice and a dash of pomegranate molasses

Ksh.1,250

## BEEF SAMBOUSIK

Pastry stuffed with minced meat and onions

Ksh.1,250

## CHEESE SAMBOUSIK

Pastry stuffed with feta cheese, dried mint, mozzarella, parsley and onions

Ksh.1,300

## CHICKEN SAMBOUSIK

Pastry stuffed with chicken, coriander, garlic, green pepper, onions and carrots

Ksh.1,200

## SPINACH FATAYER

Pastry stuffed with spinach, onions, spices and lemon juice

Ksh.1,150

## KIBBEH HALABI

Minced meat, burghul and onions

Ksh.1,350

## FALAFEL

Deep fried patty of mashed chickpeas, coriander, garlic and spices accompanied with tahina

Ksh.1,350

## SPICY POTATO

Diced fried potatoes, coriander, chilli and garlic

Ksh.900

## FRIED MEAT

Shredded beef fillet

Ksh.1,750

## MAKALI

Fried eggplant and cauliflower

Ksh.1,000



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# HOT STARTERS

<b>BBQ CHICKEN WINGS</b> 	Ksh.1,500
8 pieces of our famous chicken wings, marinated with a secret recipe that keeps you licking your fingers	
<b>BUFFALO CHICKEN WINGS</b> 	Ksh.1,600
8 pieces of deep fried chicken wings, marinated in buffalo sauce served with blue cheese and garlic sauce	
<b>DEEP FRIED CHICKEN WINGS</b>	Ksh.1,450
8 pieces of chicken wings tossed in flour, deep fried and served with garlic sauce	
<b>CHEESE REKAKAT</b> 	Ksh.1,500
Rolls stuffed with feta cheese, mint and oregano	
<b>FISH FINGERS</b>	Ksh.1,500
Fish fillet coated with bread crumbs	
<b>CHICKEN GIZZARDS</b> 	Ksh.1,300
Fried with garlic, onions, corriander	
<b>FRIED MEAT EXTRA</b> 	Ksh.1,850
Shredded beef fillet with onions	

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# BARBEQUE

<b>CHICKEN BARBEQUE</b> 	Ksh.2,550
Half a chicken, marinated and grilled	
<b>SHISH TAOUK</b> 	Ksh.2,550
Marinated chicken breast cubes on skewers	
<b>SHISH KEBAB</b> 	Ksh.2,600
Marinated beef fillet cubes on skewers	
<b>CHICKEN KEFTA</b> 	Ksh.2,500
Minced chicken on skewers	
<b>KAFTA KEBAB</b> 	Ksh.2,550
Marinated and minced lamb on skewers	
<b>FISH KEBAB</b> 	Ksh.2,550
Fresh fish fillet cubes marinated, on skewers	
<b>MIXED BBQ</b> 	Ksh.2,700
Shish taouk, shish kebab, kafta kebab and chicken kebab	



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# STEAKS

Choice of grilled or pan fried

<b>PEPPER STEAK</b> 	Ksh. 2,950
Beef fillet served with demi-glace sauce, pepper corns, and fresh cream	
<b>MUSHROOM STEAK</b> 	Ksh. 2,950
Beef fillet served with demi-glace sauce, mustard, mushrooms and fresh cream	
<b>DIANA STEAK</b> 	Ksh. 2,950
Beef fillet served with demi-glace sauce, chopped onions, chopped mushrooms, chopped parsley, oregano and fresh cream	
<b>MAITRE D'HOTEL STEAK</b> 	Ksh. 2,950
Beef fillet served with garlic herb butter	
<b>LAMB CHOPS</b> 	Ksh. 3,350
Lamb on the bone, grilled and succulent	
<b>RIBEYE STEAK</b> 	Ksh. 6,550
Dry aged	

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Accompanied with a choice of chips, rice, potato wedges, boiled potatoes, mashed potatoes and vegetables.



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# PLATTERS

<b>CHICKEN BREAST ESCALOPE</b> Breaded chicken breast	Ksh. 2,650
<b>CORDON BLEU</b> Beef or chicken fillet stuffed with cheese and turkey ham, coated with bread crumbs	Ksh. 2,900
<b>SALMON STEAK</b> 🌾 Served with sour cream	Ksh. 3,550
<b>SPICY FISH</b> 🌶️ Fried fresh fish coated with tomatoes, green pepper, onions, coriander and chilli	Ksh. 2,550
<b>GRILLED FISH</b> 🌾 Fresh fillet, marinated and grilled	Ksh. 2,500
<b>PAN FRIED NILE PERCH</b> 🌾 A first class fish, rich in Omega 3	Ksh. 2,500
<b>WHOLE TILAPIA</b> 🌾 Choice of grilled or fried	Ksh. 2,500
<b>SHARING BBQ PLATTER</b> 🌾 4 wings, 2 lamb chops, 2 skewers shish kebab, 2 skewers shish taouk, 2 kefta kebab, 2 chicken kebab, chips, rice and salad	Ksh. 7,550
<b>LEBANESE BURGER</b> Home-made bun, beef or chicken patty, caramelized onions, tomatoes, coleslaw, mustard, ketchup	Ksh. 1,800

Accompanied with a choice of chips, rice, potato wedges, boiled potatoes, mashed potatoes and vegetables.

# SIDES

<b>FRENCH FRIES</b> 🌿 🌱 🌾	Ksh. 400
<b>RICE</b> 🌿 🌱 🌾	Ksh. 400
<b>SPICY RICE</b> 🌿 🌱 🌶️ 🌾	Ksh. 400
<b>POTATO WEDGES</b> 🌿 🌱 🌾	Ksh. 400
<b>BOILED POTATOES</b> 🌿 🌱 🌾	Ksh. 400
<b>MASHED POTATOES</b> 🌿 🌱 🌾	Ksh. 450
<b>UGALI</b> 🌿 🌱 🌾	Ksh. 300
<b>SWEET POTATO</b> 🌿 🌱 🌾	Ksh. 350
<b>SPINACH</b> 🌿 🌱 🌾	Ksh. 350



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# PIZZA

**SHISH TAOUK** Ksh.1,550  
Tomato sauce, mozzarella and marinated chicken

**SHISH KEBAB** Ksh.1,600  
Tomato sauce, mozzarella and marinated beef fillets

**CHICKEN CHAWARMA** Ksh.1,500  
Tomato sauce, mozzarella, shredded chicken and green pepper

**BEEF CHAWARMA** Ksh.1,550  
Tomato sauce, mozzarella and shredded beef

**VEGETARIAN SPECIAL**  Ksh.1,350  
Tomato sauce, mozzarella, black olives, green pepper, sweet corn,

**MARGARITA**  Ksh.1,300  
Tomato sauce, mozzarella

**HAWAIIAN** Ksh.1,550  
Tomato sauce, mozzarella, beef ham and pineapple

**PEPPERONI** Ksh.1,550  
Tomato sauce, mozzarella, beef salami and onion

**FOUR SEASONS** Ksh.1,550  
Tomato sauce, mozzarella, beef ham, mushroom, artichokes and black olives

**EXTRA TOPPINGS**  
Veg Ksh.400

Meat and cheese Ksh.550



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# DESSERTS

<b>LEBANESE CHEESE KANAFEH</b> Middle-eastern pastry made of Kadaif (more commonly called angel hair) melted mozzarella cheese, drizzled with a rose water scented syrup	Ksh.1,750
<b>BAKLAWA</b> 🍪 Home-made rich sweet pastry, made of layers of phyllo dough filled with nuts	Ksh.1,000
<b>KATAYEF</b> 🍪 Pastry stuffed with cream, deep fried and soaked in syrup	Ksh.900
<b>KHASTALIEH</b> 🍪 🌿 A custard made with milk, rosewater and garnished with pistachios.	Ksh.800
<b>AISH AS-SARAYA</b> 🍪 White bread soaked in syrup, layered with a cream made of milk and cornflour	Ksh.950
<b>ZNOUD EL SIT</b> 🍪 Rolled phyllo pastry stuffed with cooked cream, deep fried and soaked in syrup	Ksh.900
<b>CASSATA</b> Ice cream cake served with banana, chocolate syrup and fresh cream	Ksh.900
<b>BANANA SPLIT</b> 🌿 Fresh bananas, fresh cream, 3 scoops of ice cream (of your choice) and chocolate syrup	Ksh.900
<b>FRUIT SALAD</b> 🌿 Mixed fruits	Ksh.550
<b>LEBANESE FRUIT COCKTAIL</b>	Ksh.1,050
<b>BROWNIE</b> With ice cream scoop of choice	Ksh.900
<b>PAIN PERDU</b> French bread soaked in sweet custard batter	Ksh.950
<b>PETITE FOUR</b> Butter cookies	Ksh.1,000

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